



Carson Elaine Proctor

Attorney

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Jacksonville, FL 32207
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Practice Areas:

- Litigation
- Commercial Litigation
- Insurance Litigation
- Real Estate Litigation & Eminent Domain
- Negligence, Personal Injury, & Wrongful Death
- Premises Liability
- Business Disputes
- Maritime law
- Litigation
- Dispute Resolution under Litigation

Education:

Florida State University, B.S.
Environmental Science,
2018

University of Miami, J.D.,
concentration in
Environmental Law, 2022

University of Miami, M.P.S.
Marine Ecosystems & Society,
2022

ROGERS | TOWERS

Carson Proctor is an attorney in the Litigation Department at Rogers Towers, where she focuses her practice on complex civil litigation, real estate and land use disputes, and environmental litigation.

Carson approaches her practice with a strategic, detail-oriented mindset, working to develop efficient case strategies while remaining prepared for all phases of litigation. She values clear communication and works to ensure clients are informed and equipped to make practical decisions throughout the course of a matter.

Carson developed strong legal writing and analytical skills through her legal education and early professional experience. She has routinely worked with complex civil litigation matters requiring careful issue-spotting and precise written analysis, strengthening her judgment, attention to detail, and ability to support litigation teams on time-sensitive assignments.

Outside of her practice, Carson is actively involved in the Jacksonville community, holding leadership roles within service and professional organizations such as the Jacksonville Bar Association Young Lawyers Section and the Rotaract Club of Jacksonville's Beaches.

Bar (or Board) Association Memberships:

- The Florida Bar
- The Georgia Bar
- Jacksonville Bar Association
 - Young Lawyers Section Board Member, 2025-present

Awards & Distinctions:

- Florida Super Lawyers®, "Rising Star" (Civil Litigation), 2025-2026
- CALI Award: Admiralty Law
- Hon. Stanford Blake Award, Miami Law Litigation Skills Program, 2022

Professional and Community Involvement:

- Rotaract Club of Jacksonville's Beaches, Member
 - Immediate Past President, 2026-2027
 - President, 2025-2026
 - Community Service Chair, 2024-2025
- Jacksonville Women Lawyers Association, Member
- Southeastern Admiralty Law Institute, Member
- Maritime Law Association of the United States, Member

Court Admissions:

- U.S. District Courts, Middle District of Florida
- U.S. District Courts, Southern District of Florida
- U.S. District Courts, Northern District of Florida
- U.S. District Courts, Southern District of Georgia

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Publications and Presentations:

- Presenter: Southeastern Admiralty Law Institute – 2025 Summer Seminar
- “*Recent Maritime Law Developments in the Supreme Court of the United States and the Sixth, Seventh, Eighth, and Eleventh Circuits*”, Southeastern Admiralty Law Institute, 2025.